



**Deshen
School**
Of The Spirit

Biblical Psychology An Introduction

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BIBLICAL PSYCHOLOGY?

- Psychology is the scientific study of the human mind
 - It is a branch of medical science
 - It has its place in science and in the practice of medicine
- Biblical Psychology as I will discuss has NOTHING to do with Psychology as we know it
 - I simply borrow the word “Psychology”
 - Psyche = mind, ...logy = study

WHAT IS BIBLICAL PSYCHOLOGY?

It is the careful study and practice of what God has told us in the Bible
about the human mind

PSYCHOLOGY IN THE SCRIPTURE?

- The Greek word “psyche” is a root word for Psychology
- Psyche occurs about 121 times in the NT alone and mostly translated “soul”, “life” or “person”
- The Bible has a lot to say about this part of man called “psyche” which science has also attempted to study
- Psyche in the context of Biblical Psychology is everything God has to say about our inward life: mind, emotions, will, conscience, consciousness

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- Different names: heart, mind, soul, spirit, inward man, hidden man, etc

SPIRITUAL LIFE AND PSYCHOLOGY

- A major error Christians make:
 - Thinking our spiritual life is separate from our psychological life
 - Eg. I can be spiritually healthy even though my emotions, thoughts or desires are out of order
 - Question: what do you call your spiritual life?
- Life is a spirit, but is EXPRESSED and EXPERIENCED in our soul and body
- Your spiritual life, that is, your spiritual walk, is what you are doing with your emotions/thoughts/desires and actions/words you are carrying out with your body

THE IMPORTANCE OF THE HEART

- Man is spirit, soul and body
 - Or has an outward part(visible, body) and an inward part (spirit and soul)

- The Lord says

"Keep thy heart with all diligence; For out of it are the issues of life." (Proverbs 4:23 KJV)

- Your life is determined by what goes on inside of you
 - Your experiences
 - Your outward behaviors

THE MYSTERY BRIDGE

- Your Psyche is the mystery bridge between the spirit and physical world
 - For God
 - For Satan and his hosts of evil spirits
- Your mind, emotions, desires/will are incredibly powerful and serve as a door for spiritual traffic between the spirit and the physical

YOUR HEART AND GOD

- The critical importance of Biblical Psychology comes in our relationship with God
- Two major aspects
 - 1) God contacts us and relates to us Spirit-spirit
 - 2) We experience and express the life of God in and through our psychology
- God requires our thoughts, feelings, desires, etc to live through us
- Eg. Faith requires you to accept His Word, power requires courage and boldness, intercession or supplication requires your desires, etc

YOUR HEART AND SATAN

- Many believers are still to digest this astonishing reality
- What goes on in your psychology has the authority to stop or grant Satan access and control in our lives
- A classic example I teach on is the shield of faith (devotionals)
- We will be expanding on different aspects of Biblical Psychology in this course
- Devotionals on “The Mind” : <https://patrickoben.com/tag/the-mind/>

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